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Coffee With a Conscience

You needn't sacrifice taste to drink a socially responsible brew. These roasts blend organic or fair trade certification with high-quality beans. The result: light, medium and dark roasts to satisfy any coffee drinker. BY LAUREN KERENSKY

LIGHT ROAST

1 **NEWMAN'S OWN ORGANICS** and **GREEN MOUNTAIN COFFEE** coproduce a line of fair trade, organic java. Try **Nell's Breakfast Blend** for a light roast with enough body and depth to kick-start the day. (www.greenmountaincoffee.com)

2 Native Mayan farmers from fair trade cooperatives in Mexico and Guatemala grow **CAFÉ MAM** coffee. The **Mocho Blend** stands out with subtle, smooth hints of cinnamon and a light sweetness perfect for a relaxing afternoon coffee break. (www.cafemam.com)

3 **ALLEGRO** partners with over 50 farms that use traditional and sustainable methods to grow,

harvest and process their coffees. The **Rwanda Karaba** has a round, slightly sweet and smooth taste. (www.allegrocoffee.com)

MEDIUM ROAST

4 Certified organic and produced by either estate or co-op farming in Africa, South America and Asia, **EXPLORER'S BOUNTY** beans make quality coffee. Fill your cup with a well-balanced brew of **Expedition El Dorado Medium Colombian**, which subtly imparts hints of black currant. (www.explorersbounty.com)

DARK ROAST

5 **BUYWELL** uses organic and fair trade coffee to promote sustainable agriculture. Its complex,

mid-dark **Sumatra Canopy** coffee, with hints of sage, is made from beans grown in North Sumatra's Gayo highlands on a cooperative dedicated to protecting the rainforest canopy. (www.buywellcoffee.com)

6 The specialty-grade Arabica beans in **GOOD EARTH** coffee are certified organic, and the lining of the product packaging is made from plants, not petrochemicals. The **Mystic Blend Dark Roast** combines beans grown in South America and Asia to create a rich, bold coffee with subtle hints of chocolate and berries. (www.goodearthcoffee.com)

TIP: Keep your coffee fresh by storing it in an airtight container in the refrigerator or freezer.

